

Pastoral Family Counseling; Co-Parenting Therapy Certification Exam 6

Chapter 21 Questions

1.) When Communicating with Your Kids During and After Divorce their reactions to the new rules will vary according to their age and temperament. Name them.

a. _____

b. _____

c. _____

d. _____

2.) Children should be encouraged to have strong relationships with both parents.

YES NO

3.) Is it dangerous to speak derogatorily about your ex when your kids can hear? (even if what you say is true)

YES NO

Chapter 22 Questions

1.) What is Good communication among everybody involved?

YES NO

2.) What rules for Co-parenting? (Name 8 of 17)

a. _____, b. _____

c. _____, d. _____

e. _____, f. _____

g. _____, h. _____

3.) Your co-parent is not interested in communicating with you, period. What to do?

(Check One)

Verbal communication

Text messaging

Co-parenting Technique

All the Above

None

4.) Your child is used as a messenger by your co-parent and not wanting to talk face to face how would you deal with it? (Write in your own words)

Chapter 23 Questions

1.) Child psychological problems will start to show from the time parents separate. Your child or teen might need help if he or she: (List 15)

a. _____, b. _____, c. _____

d. _____, e. _____, f. _____

g. _____, h. _____, i. _____

j. _____, k. _____, l. _____

m. _____, n. _____, o. _____

2.) Is it important to remain calm and be in control of your emotions when dealing with your child's negative behavior.

YES NO

3.) Bedtime routines help a child to relax in preparation for sleep.

YES NO

4.) Set aside time each day to talk with or engage in an activity with your child.

(Check One)

30 minutes

5-10 minutes

1 hour

2 times a day no matter how long

Chapter 24 Questions

1.) If you encounter a power struggle with your teen what would you do?

2.) How do children grow and develop between ages 11 and 14?

3.) From ages 11 through 14, a child develops in four main areas what are they?

a. _____

b. _____

c. _____

d. _____

4.) How can you help your child during these years?

5.) How can you help your child during these years?

6.) How to promote healthy development?

Chapter 25 Questions

1.) Watch for Behavioral changes in behavior, what are the 15 to look for?

a. _____, b. _____

c. _____, d. _____

e. _____, f. _____

g. _____, h. _____

i. _____, j. _____

k. _____, l. _____

m. _____, n. _____

o. _____

2.) When to see a doctor and what for? (Write in own word)

3.) Depression symptoms what are they? (Write in own words)

a. _____, b. _____

c. _____, d. _____

e. _____, f. _____

g. _____, h. _____

i. _____, j. _____

k. _____, l. _____

m. _____

4.) What's normal and what's not?

5.) Making Joint Custody Work after a Separation or Divorce - close relationships with both parents. What are the 3 ways of doing this?

a. _____

b. _____

c. _____

6.) Co-parenting is the best option for your children?

7.) Kids who have divorced parents have a cooperative relationship?

YES NO