

Pastoral Family Counseling; Co-Parenting Therapy Certification
Exam 1

Chapter 1 Questions

1.) What is Co-parent Counseling?

2.) Co-parent counseling conceptually divided in how many parts?

- 1.
- 2.
- 4.
- 6.
- 10.

3.) What is the single best thing that parents can do to help their children through this process is to learn to cooperate for the sake of the children?

4.) What are the 9 Things to Consider before Telling Your Kids about the Divorce?
(Use brief sentences)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

Chapter 2 Questions

5.) What is the approximately weeks prior to separation should be to tell children?

- 2 weeks
- 3 weeks
- 6 weeks
- 1 month
- 6 months
- 1 year

6.) What reactions do children sometimes have when told about separation or Divorce?

7.) When talking to children should only one parent speak to them or both parents at the same time about the separation or Divorce?

8.) Should parents talk to their children's feelings on separating or divorcing parents?

YES NO

Chapter 3 Questions

9.) What is the effective support system?

10.) What are normal reactions to divorce or separation?

11.) What kind of anger do children show towards parents when their told about separation?

12.) Is it natural for children to feel anxiety when faced with big changes in their lives.

13.) Depression issues about the separation or divorce what does it cause?

Chapter 4 Questions

14.) Red flags for more serious problems what are they?

a.) _____

b.) _____

c.) _____

d.) _____

e.) _____

f.) _____

g.) _____

h.) _____

15.) What are the signs of distress in preschoolers?

a.) _____

b.) _____

c.) _____

d.) _____

16.) Parental priorities what are they?

Chapter 5 Questions

17.) How can I help my child through a divorce?

18.) What are the patience, reassurance in minimize tension?

Chapter 6 Questions

19.) How much information should I give my child about the divorce?
(Especially at the beginning of your separation or divorce)

20.) How do you help children grieve the divorce?

- a.) Listen
- b.) Let them be honest.
- c.) Acknowledgement
- d.) All the above
- e.) None

21.) How to give reassurance and love?

22.) What is Physical closeness?
