

Pastoral Family Counseling; Co-Parenting Therapy Certification  
Exam 1

Chapter 1 Questions

1.) What is Co-parent Counseling?

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2.) Co-parent counseling conceptually divided in how many parts?

- 1.
- 2.
- 4.
- 6.
- 10.

3.) What is the single best thing that parents can do to help their children through this process is to learn to cooperate for the sake of the children?

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4.) What are the 9 Things to Consider before Telling Your Kids about the Divorce?  
(Use brief sentences)

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_

Chapter 2 Questions

5.) What is the approximately weeks prior to separation should be to tell children?

- 2 weeks
- 3 weeks
- 6 weeks
- 1 month
- 6 months
- 1 year

6.) What reactions do children sometimes have when told about separation or Divorce?

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7.) When talking to children should only one parent speak to them or both parents at the same time about the separation or Divorce?

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8.) Should parents talk to their children's feelings on separating or divorcing parents?

YES      NO

Chapter 3 Questions

9.) What is the effective support system?

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10.) What are normal reactions to divorce or separation?

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11.) What kind of anger do children show towards parents when their told about separation?

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12.) Is it natural for children to feel anxiety when faced with big changes in their lives.

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13.) Depression issues about the separation or divorce what does it cause?

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Chapter 4 Questions

14.) Red flags for more serious problems what are they?

a.) \_\_\_\_\_

b.) \_\_\_\_\_

c.) \_\_\_\_\_

d.) \_\_\_\_\_

e.) \_\_\_\_\_

f.) \_\_\_\_\_

g.) \_\_\_\_\_

h.) \_\_\_\_\_

15.) What are the signs of distress in preschoolers?

a.) \_\_\_\_\_

b.) \_\_\_\_\_

c.) \_\_\_\_\_

d.) \_\_\_\_\_

16.) Parental priorities what are they?

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Chapter 5 Questions

17.) How can I help my child through a divorce?

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18.) What are the patience, reassurance in minimize tension?

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Chapter 6 Questions

19.) How much information should I give my child about the divorce?  
(Especially at the beginning of your separation or divorce)

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20.) How do you help children grieve the divorce?

- a.) Listen
- b.) Let them be honest.
- c.) Acknowledgement
- d.) All the above
- e.) None

21.) How to give reassurance and love?

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22.) What is Physical closeness?

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# Pastoral Family Counseling; Co-Parenting Therapy Certification Exam 2

## **Chapter 7 Questions**

1.) What comfort of routines needed?

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2.) How in coping with your divorce or breakup?

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3.) Seek support when and what?

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4.) How to work with your ex?

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5.) How to in resolving parenting conflicts with your ex?

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**Chapter 8 Questions**

1.) How to talk to 12 to 14-year-old kids about divorce: Key developmental issues?

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2.) What are the three factors help children of any age adjust after divorce?

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3.) What impacts of separation and divorce have on children?

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**Chapter 9 Questions**

1.) What containing conflict concerns?

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2.) What Red flags for more serious problems?

- a.) \_\_\_\_\_
- b.) \_\_\_\_\_
- c.) \_\_\_\_\_
- d.) \_\_\_\_\_
- e.) \_\_\_\_\_
- f.) \_\_\_\_\_
- g.) \_\_\_\_\_

3.) Difference between Legal custody and Physical custody? (Explain)

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**Chapter 10 Questions**

1.) What is another term to define is visitation?

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2.) What is parallel parenting?

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3.) What are five categories of Post-Divorce Spousal Relationships?

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# **Pastoral Family Counseling; Co-Parenting Therapy Certification Exam 3**

## **Chapter 11 Questions**

1.) What are Angry Associates?

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2.) Unfortunately, these parents see things in black and white. What are they?

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3.) What is Fiery Foes?

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4.) What is the final category is Dissolved Duos?

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5.) What contributes significantly to difficulties in co-parenting?

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6.) What is the grieving process has many theoretical models?

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7.) What is a Impact on relationship dynamics?

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**Chapter 12 Questions**

9.) What impact on the individual's ability to move on?

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10.) What are the Nuts and Bolts things to consider?

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11.) What Responsibilities can be negotiated?

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**Chapter 13 Questions**

12.) Would an open phone access of the child with each parent be helpful?

YES      NO

13.) What are the four stages in the evolution of a relationship?

\_\_\_\_\_ , \_\_\_\_\_

\_\_\_\_\_ , \_\_\_\_\_

14.) What is a parenting plan is a map?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Pastoral Family Counseling; Co-Parenting Therapy Certification Exam 4

## Chapter 14 Questions

1.) What are the six key components of a longer-term co-parenting support?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2.) What is Parenting Coordination?

\_\_\_\_\_  
\_\_\_\_\_

3.) What is the best Interest of the Child?

\_\_\_\_\_  
\_\_\_\_\_

4.) How Children React at Different Ages and Stages?

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

f. \_\_\_\_\_

5.) Why is the children's cultural, linguistic and religious upbringing important?

\_\_\_\_\_  
\_\_\_\_\_

6.) What Primary among these responsibilities?

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Chapter 15 Questions**

1.) What are the Psychological, social, moral and spiritual needs

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2.) Equality is a fourth essential need of children. What is it?

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3.) How does Sole custody and primary residence-based decision-making runs counter to the need for truth a information that is presented in court?

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4.) How does Honor and Respect play a part in Co-Parenting?

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5.) Shared parenting honors with children, what benefits with the children have?

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**Chapter 16 Questions**

1.) What Security, the feeling of safety, are another needs?

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2.) What are the Privacy and solitude, and confidentiality, are vital needs?

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3.) Caring community refers to the "village" it takes to raise a child. What is the meaning?

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4.) Co-Parenting Arrangements - A bird's nest. What is it?

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5.) Bird nesting, How conflict is not wrong or right?

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5.) Is maintaining a meaningful relationship with both parents, which is crucial to their ongoing well being is it good or bad?

YES  NO